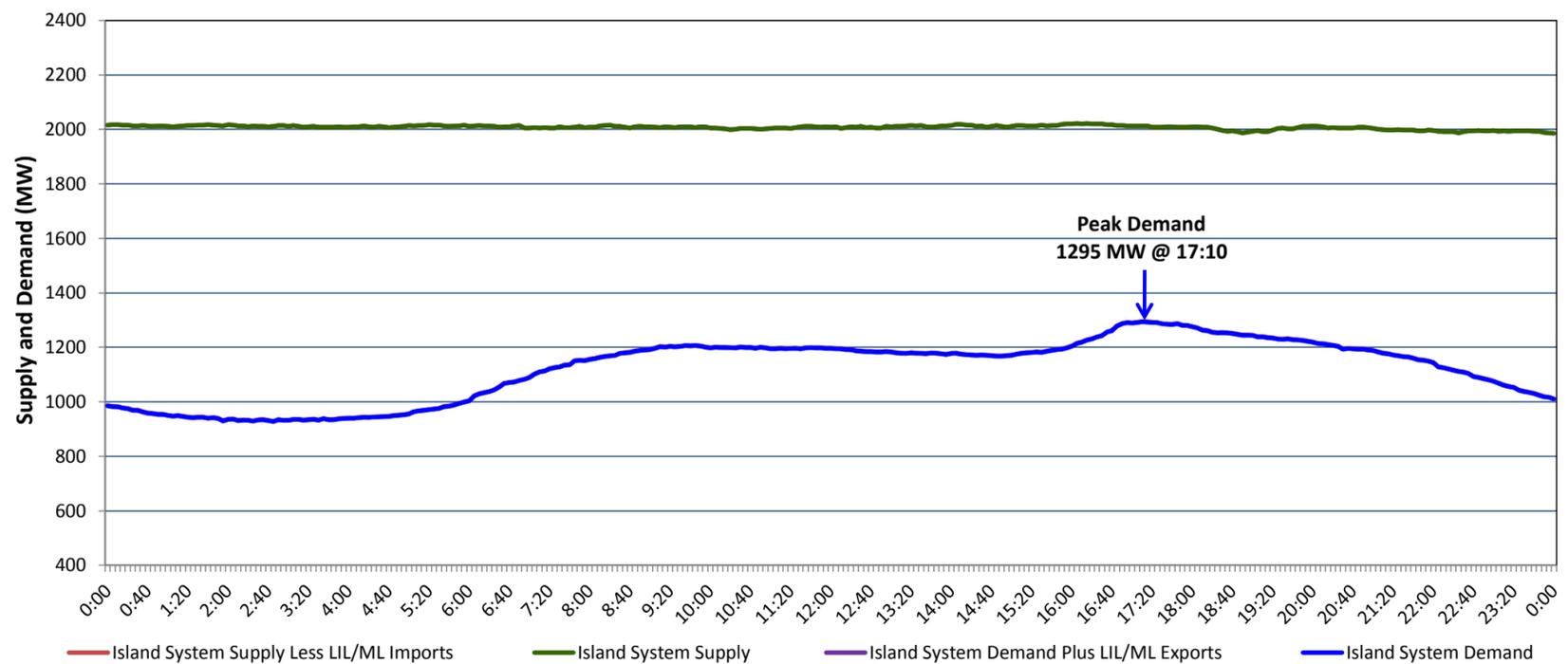


Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Monday, January 06, 2020

Section 1 Island Interconnected System Supply, Demand & Exports Actual 24 Hour System Performance For Friday, January 03, 2020



Supply Notes For January 03, 2020

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A As of 1719 hours, December 14, 2019, Stephenville Gas Turbine available at 25 MW (50 MW).

Section 2 Island Interconnected Supply and Demand

Sat, Jan 04, 2020	Island System Outlook ³		Seven-Day Forecast	Temperature (°C)		Island System Daily Peak Demand (MW)	
				Morning	Evening	Forecast	Adjusted ⁷
Available Island System Supply: ⁵	1,975	MW	Saturday, January 04, 2020	-1	0	1,250	1,228
NLH Island Generation: ⁴	1,670	MW	Sunday, January 05, 2020	-2	-1	1,335	1,312
NLH Island Power Purchases: ⁶	105	MW	Monday, January 06, 2020	-1	-3	1,460	1,435
Other Island Generation:	200	MW	Tuesday, January 07, 2020	-8	-2	1,470	1,445
ML/LIL Imports:	-	MW	Wednesday, January 08, 2020	-4	-1	1,445	1,340
Current St. John's Temperature & Windchill:	-1 °C	-5 °C	Thursday, January 09, 2020	-1	-4	1,555	1,449
7-Day Island Peak Demand Forecast:	1,685	MW	Friday, January 10, 2020	-13	-12	1,685	1,578

Supply Notes For January 04, 2020

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- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. Due to the Island system having no synchronous connections to the larger North American grid, when there is a sudden loss of large generating units there may be a requirement for some customer's load to be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding (UFLS), is necessary to ensure the integrity and reliability of system equipment. Under frequency events have typically occurred 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes. With the activation of the Maritime Link frequency controller during the winter of 2018, UFLS events have occurred less frequently.
 3. As of 0800 Hours.
 4. Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).
 5. Gross output from all Island sources (including Note 4).
 6. NLH Island Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 7. Adjusted for curtailable load, market activities and the impact of voltage reduction when applicable.

Section 3 Island Peak Demand Information Previous Day Actual Peak and Current Day Forecast Peak

Fri, Jan 03, 2020	Actual Island Peak Demand ⁸	17:10	1,295 MW
Sat, Jan 04, 2020	Forecast Island Peak Demand		1,250 MW

Notes: 8. Island Demand / LIL / ML Exports (where applicable) is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).